

Video Naso-Laryngoscopy

As part of your examination, your ENT specialist may require use of a small flexible camera to inspect your (or your child's) nose passages, throat and/or larynx (voice box).

This test is required to assess multiple conditions, including:

1. Breathing, swallowing and/or voice disorders.
2. Snoring and Obstructive Sleep Apnoea
3. Nasal and Paranasal sinus disease
4. Atypical facial pain and headache
5. Cancer in the Head and Neck area

The Video Naso-Laryngoscopy can be performed either in the consulting room (with the patient awake) or in the operating theatre (with the patient under general anaesthesia). The information contained in this document explains the procedure when performed at our consulting room.

Children and Adults

Before the examination

No fasting is required in older children and adults

During the examination

This test is usually performed under local anaesthesia. Your ENT specialist will spray your nose a couple of times and ask you to breathe normally. You will notice the spray smell and flavour in the nose, throat and mouth within seconds and the effect lasts around 20 to 30 minutes.

This delicate examination is performed very carefully. Your specialist will instruct you on how to breath and when to swallow during the examination. The test is usually completed within a minute or two.

After the examination

Once the test is finalised, you will be able to drive and go back to work or study straight away.

Precautions

If local anaesthesia was used, we advise you not to eat or drink, for at least 30 minutes, after the test has been performed.

Please advise if you have allergy to local anaesthetics (ie, lignocaine), are pregnant and/or breastfeeding.

Newborns and infants (less than 12 month old)

Before the examination

Your child must be fasting (i.e. not drinking or eating) **for one hour before the appointment.**

During the examination

The small camera is inserted through the mouth or nose and no local anaesthetic spray is used.

After the examination

Your child can be fed immediately after the examination.

Please contact us if further clarification is required. Your ENT specialist will again review with you all these instructions on the day of your consultation.